

NEWSLETTER

11th February 2022

Ashley Awards

Credit Winners

7LA	M.Cole
7SA	H.Sheehan
8MS	A.Beck
8JO	S.White/L.Roberts/O.Domalis
8RF	E.Cox
9AK	R.Hughes
9KD	C.Boow/R.Connolly/E.Stanley
10L	L.Cox
10GG	J.Bruen
11RS	L.Wood
11LQ	No File

Students of the Week

Z.Walton
R.Ettrick
A.Beck
O.Palmer/L.McBirnie
E.Cox
No Student Of The Week
E.Stanley
O.Craig
No Student Of The Week
L.Wood
No Student Of The Week

**Class
Of the
Week**

8JO



Ashley Action!

Year 12 students visited Brookvale Leisure Centre as part of their Community Sports Studies. Students had the opportunity to look around the centre and explore the many different activities that it had to offer. Students were kindly given a complimentary day pass to use the gym from the leisure centre!

Gardening Year 11 students have produced some delicious smoothies as part of their Gardening course. Students have learnt about locally grown fruits and got the opportunity to prepare and sample a fruit smoothie.

Year 6 Transition Visits We will be having two transition afternoons for our new Y7 students on Tuesday March 15th and Tuesday March 22nd between 3:30pm and 5:00pm. This will give both parents and the young people an opportunity to look around school, meet key staff and ask any questions they might have. If you would like to book one of these sessions then please give Mr Jones a call at school so that you can be booked in.

Safer Internet Day was celebrated on 8th February 2022. This year's theme is 'All fun and games', which will focus on exploring respect and relationships online. Please visit <https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2022> for lots of useful information and support.

Y10 students took part in an evaluation session for Short Break SEND activity sessions. Students gave constructive feedback for all the provider's bids to help make a decision for funding applications. Each student received biscuits and juice during the session and an Easter egg for taking part.

Well done to 6th Form students who took part in mock interviews. A mock interview helps students to learn how to answer difficult questions, develop interview strategies, improve their communication skills and reduce stress before an actual job interview.



Safer
Internet
Day



Skills Challenge – Leadership

Imagine you are your family's fitness coach and you need to lead their next exercise session. Plan a short exercise session with those who can join in by asking them what kind of exercises they enjoy or how they would like to improve their fitness.

As you prepare for the session, think about including exercises you have done before or you might want to get some new ideas from other family members or different fitness websites. Remember to include a warm up and cool down. Try to include something to stretch or strengthen different parts of the body (for example arms, legs, stomach). Remember to get some music ready that everyone will enjoy listening to as they work out. Invite your family and friends to take part in your fitness session. Lead them through the planned exercises.

As their fitness coach - the leader of the session - give your instructions clearly. Show them what to do safely. Encourage them to keep trying and have fun together.



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